

Rural Lifestyle products

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GO RURAL

Partners from 4 neighboring countries in the Northern Europe on the shores of the Baltic Sea have joined together with the aim to develop and promote the **Rural Lifestyle tourism products** in the Central Baltic Sea region: ***Söderhamn (Sweden), Åland Islands & Lohja (Finland), Estonia & Latvia.***

Rural Lifestyle tourism products offer to get to know today's life and people in the countryside by visiting destinations outside cities.

www.balticsea.countryholidays.info



Rural Lifestyle offers:



RURAL LIFESTYLE TOURISM PRODUCT

RURAL LIFESTYLE VALUES:

- QUALITY OF LIVING ENVIRONMENT
- QUALITY OF FOOD
- NATURE CONNECTEDNESS
- PRIVACY
- AWAY FROM CROWDS
- COMMUNITY SPIRIT
- FARMING BUSINESS
- COMBINE TRADITIONS AND MODERN LIFE

RURAL LIFESTYLE PACKAGES:

FOR WHOM:



PACKAGE TYPES:



SERVICES:



TRADITIONAL FARMSTEAD **GULBJI**

*Authentic
country living*

The family lives in this place in six generations. The hosts Rita and Jānis integrate the traditional heritage in their today's life.

The visitors will find out how a traditional farmstead functions, what is daily routine of rural lifestyle, and will try out some traditional crafts or cooking traditional meals.



DOME HOUSE PARK "ĀRPUS LAIKA"

Modern country living

The family supports green lifestyle. They have created a landscape park, built an ecological dome house and a dome terrace based on their own design and architecture.

The hostess Ilze Berziņa offers a tour of the house, home made wine tasting and a workshop and tasting of traditional Latvian desserts.



WILD'NESS RETREAT AND STUDIO

*Live and create
in nature*

The hosts Yvonne and Eli have their artisan studio in private forest area within Gauja National Park.

Guests will enjoy a relaxed stay with the family cooking meals together and creating artisan works from natural materials.



GARDENING FARM "DEKO DOBE"

Gardening experience

Gunda and Jānis moved from the capital in 2016 to start their own gardening farm with a fruit garden, quince, sea buckthorn and blueberries.

Guests will have a farm tour and will try some simple gardening tasks guided by the hostess.



GUEST HOUSE "DIVAS UPES"

Culinary experience

The family runs a design guest house on a riverbank. The hostess Dace is a professional violin player and the host Tomas prepares excellent cooked and smoked meats.

In relaxed atmosphere, guests are welcome to engage in family's activities throughout a day cooking smoked and grilled meats and having meals together.



BIRCH SAP PRODUCTION FARM "BIRZĪ"

The Labanovski family invites visitors to see how they collect birch saps and produce an organically certified sparkling drink.

Guests will taste different kinds of birch sap from fresh to sparkling and each guest will plant a new birch tree in the birch grove.



FARM
"OZOLINI"

Mandala tea workshop

The family run farm produces ecological teas for more than 20 years.

The hostess Evita Lūkina will guide the guests through the Mandala tea workshop where each guest will select plants in a meditative process for a personalised herb tea.



FARMSTEAD INDĀNI

Small animals and birds on a farm

The hostess Signe Ezeriņa runs a traditional smallhold farm supplying her family with fresh products – eggs, milk, cheese, vegetables and fruit.

Guests will learn about the farmstead, see the animals, and will taste the products the hostess makes on the farm.



FARMSTEAD DZIRNUPES

Visiting a drum maker

Juris and his wife Sandra lives in a traditional rural farmstead with a vegetable and fruit garden and farm animals such as goats, geese, chicken and a cat. Juris makes and plays traditional Latvian drums.

The hostess will treat guests to a herb tea and home-made delicacies. The host will tell about making drums and will play drums together with guests.





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